# Types of intercity passenger rail

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<th>Types of Intercity Passenger Rail</th>
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| Conventional (mostly uses existing tracks) | Max: 70-90 mph  
Average: 45-60 mph | Stops every 15 to 60 miles  
3-6 trains/day each direction | Unreserved and Reserved seats, limited business class seating, limited café food service, limited checked baggage, diesel loco hauled |
| Higher speed (some dedicated tracks) | Max: 110-125 mph  
Average: 70-85 mph | Stops 30 to 90 miles apart  
6-12 trains/day each direction | Reserved seats, business class seating, café food service, no checked baggage, diesel and electric loco hauled |
| High speed (fully dedicated tracks) | Max: 165-220 mph  
Average: 100-150 mph | Stops 50 to 100+ miles apart  
12-24 trains/day each direction | Reserved seats, business class seating, café and at-seat food service, no checked baggage, electric multiple unit |

**Common Attributes:** Single or double deck trains, stations with parking and transit access, operation on existing or dedicated tracks